Clement Onu EKERE

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**PERSONAL INFORMATION**

* Male
* Born October 26th, 1979 in Makurdi local government area of Benue State.
* Hails from Ogbadibo local government area of Benue State.
* Nigerian
* Christian
* Married

**OBJECTIVE:**

To work with available resources and personnel in attaining a high level of professionalism and efficiency, promoting growth and aspirations of the organization. To apply my skills and knowledge towards a corporate culture that would tap my potential to the most productive health care delivery.

**PROFILE:** A seasoned Obstetrician/Gynaecologist with over six years’ experience in training. An efficient and reliable optimist with strong leadership and networking skills; I possess excellent interpersonal skills and the ability to communicate effectively with people from diverse social and cultural backgrounds.

A family planning trainer and fertility enthusiast with special interest in transferring knowledge and skill, committed to high standards of health care delivery aimed at bridging the knowledge and skill gap in the health care system of Nigeria.

**POSITION APPLIED FOR:**CONSULTANT OBSTETRICIAN AND GYNAECOLOGIST

**AREAS OF EXPERTISE AND SKILLS**

* Provision of specialist care in Obstetrics and Gynaecology including **ART**
* Proficient in Family Planning Services (LARC, BTL, etc)
* Prevention of Maternal to Child Transmission of HIV/AIDS and Adolescent Health
* Excellent team player with strong analytical mind
* Computer literate with conversant use of Microsoft Office, and Web applications
* Strong leadership and mentoring qualities, and ability to interact at all levels
* Ability to learn fast, adapt and develop easily

**WORK EXPERIENCE**

**Jos University Teaching Hospital, Jos, Plateau State** January 2012 to June 2019

**Role:** Resident Doctor

**Key responsibilities:**

* **Junior registrar:** Had training in all Sub-specialties in obstetrics and gynaecology such as Family Planning (including LARC), endocrine and infertility, urogynaecology, Feto-maternal and oncology units.
* Teaching and building capacity of medical students and house officers at tutorial and practical sessions
* Family planning (FP) counseling and administration of FP/LARC services
* **Senior Registrar**; in charge of training, supervision and capacity building of house officers and resident doctors through technical assistance and mentoring
* Teaching of medical Students using didactic and practical sessions
* HIV care and treatment especially through PMTCT
* Performing surgeries- Caesarean section, Myomectomy, Vaginal Hysterectomy, Abdominal Hysterectomy, basic laparoscopy and hysteroscopy, Bilateral Tubal Ligation Staging Laparotomy for ovarian cancer.
* Counseling, administration and management of complications of Family planning services including LARC- implanon, Jadelle, IUCD;
* Counseling and administration of antenatal and Family Planning services in rural (Pankshin and Vom), private and urban settings (Jos University teaching hospital).

**KAUNA Specialist Hospital, Jos , Plateau State**  October 2019 till date

**Role**: Consultant Obstetrician and Gynaecologist

* Provision of specialist care in general obstetrics and gynaecology
* Provision of specialist care in fertility: **Assisted Reproductive Technology-** Intrauterine Insemination and In-vitro Fertilization **(IVF)**– patient selection and recruitment, downregulation, stimulation, oocyte retrieval, embryo transfer.
* Performing surgeries – Caesarean section, Myomectomy, Vaginal Hysterectomy, Abdominal Hysterectomy, basic laparoscopy and hysteroscopy, Bilateral Tubal Ligation,).
* Counseling, administration and management of complications of Family planning services including LARC- implanon, Jadelle, IUCD;
* Capacity building of nurses and medical officers in provision of family planning services, suturing techniques.
* Senior registrar 2015-2019.

**SHOPS Plus (USAID sponsored Project), Jos, Plateau State, Nigeria.** May 2018- Sept 2019

**Role:** State level trainer, Plateau State

**Key responsibilities:**

* Involved in **researching and developing innovative training materials** for Family Planning/Long Acting Reversible Contraceptives (FP/LARC)
* Planning of training workshop for Community Health Extension Workers (CHEWs), Nurses and Doctors
* Building capacity of CHEWs, Nurses and Doctors in FP/LARC through facilitating both didactic and clinical practicum sessions
* Ensuring quality of services provided by trained CHEWs, Nurses and Doctors by conducting post-training follow-up (PTFU) supportive supervisory visits to mentor, coach and supervise their FP service delivery.
* Assessing competency and proficiency of trained CHEWs, Nurses and Doctors
* Working closely with SHOPS Plus staff in creating and adopting solutions to problems at short notice observed in the field
* Working closely with the Capacity Building Officer in Plateau state during pre-training planning meetings and training proper **to ensure improved performance of new state trainers** and smooth/efficient delivery of the entire training program
* Writing reports of post training follow-up (PTFU) visits and mentoring of trained CHEWS.
* Functioning as a Master-trainer in training for CHEWs, Nurses and Doctors.
* **Master Trainer, Akwa-Ibom Training of Trainers.**

**SOLAT Women Hospital,Jos, Plateau State** July 2010 to December 2011  **Role:** Medical Officer

**Key responsibilities:**

* Management of general patients including women and children
* Carried out counseling and administration of Antenatal, Postnatal and Family planning services including IUCD, Implanon
* Comprehensive HIV care and treatment including PMTCT.

**Primary Health Care Centre Ogu, Ogu/Bolo LGA,Rivers State** April 2009 to February 2010

**Role:** Medical Officer (NYSC)

**Key responsibilities:**

* Consultation and management of general patients- women and children inclusive
* Counseling and administration of Antenatal and Family planning services
* Teaching and supervision of CHEWs

**Plateau State Specialist Hospital** October 2008 to September 2009

**Role:** House Officer

**Key responsibilities**

* Receiving training and Practicing under supervision in four key departments- Obstetrics/Gynaecology, Surgery, Paediatrics and Internal Medicine
* Management of complications of unsafe abortion and spontaneous miscarriage
* Family planning counseling, Antenatal and Postnatal care

**Education/Certification**

* **Fellow, West African College of Surgeons (Obstetrics and Gynaecology), 2019**
* University of Jos, MBBS, 2007
* University of Washington (Online course), Certificate of completion of Introduction to Epidemiology for Global Health, April 2018
* University of Washington (Online course), Certificate of completion of Leadership and Management in Health for Global Health, December 2018
* Standford University (Online course), International Women’s Health and Human Rights, December 2019

**ACCOMPLISHMENTS**

Co-author of publications such as:

* Clement Ekere, Hannah Egere, Wilson Ejiga. Knowledge, Attitude and Practice of Emergency Contraceptives among students of higher learning in Jos (Community Medicine project topic,2005).
* [Amaka N Ocheke](http://journals.sagepub.com/action/doSearch?AllField=amaka+ocheke)1, [Patricia A Agaba](http://journals.sagepub.com/action/doSearch?AllField=amaka+ocheke)2, [Godwin E Imade](http://journals.sagepub.com/action/doSearch?AllField=amaka+ocheke)1, [Olugbenga A Silas](http://journals.sagepub.com/action/doSearch?AllField=amaka+ocheke)3, [Olanrewaju I Ajetunmobi](http://journals.sagepub.com/action/doSearch?AllField=amaka+ocheke)3, [Godwins Echejoh](http://journals.sagepub.com/action/doSearch?AllField=amaka+ocheke)3, [Clement Ekere](http://journals.sagepub.com/action/doSearch?AllField=amaka+ocheke)1, [Ayuba Sendht](http://journals.sagepub.com/action/doSearch?AllField=amaka+ocheke)1, [James Bitrus](http://journals.sagepub.com/action/doSearch?AllField=amaka+ocheke)1, [Emmanuel I Agaba](http://journals.sagepub.com/action/doSearch?AllField=amaka+ocheke)4, [Atiene S Sagay](http://journals.sagepub.com/action/doSearch?AllField=amaka+ocheke)1 . [Chorioamnionitis in pregnancy: a comparative study of HIV-positive and HIV-negative parturients](http://journals.sagepub.com/doi/full/10.1177/0956462415580887). International Journal of STD & AIDS, April 16, 2015, vol. 27, 4: pp. 296-304.
* [AN, Ocheke](https://www.ncbi.nlm.nih.gov/pubmed/?term=Ocheke%20A%5BAuthor%5D&cauthor=true&cauthor_uid=28856121),A[IE, Ocheke](https://www.ncbi.nlm.nih.gov/pubmed/?term=Ocheke%20I%5BAuthor%5D&cauthor=true&cauthor_uid=28856121),B[PA, Agaba](https://www.ncbi.nlm.nih.gov/pubmed/?term=Agaba%20P%5BAuthor%5D&cauthor=true&cauthor_uid=28856121),C[GE, Imadde](https://www.ncbi.nlm.nih.gov/pubmed/?term=Imadde%20G%5BAuthor%5D&cauthor=true&cauthor_uid=28856121),A[OA, Silas](https://www.ncbi.nlm.nih.gov/pubmed/?term=Silas%20O%5BAuthor%5D&cauthor=true&cauthor_uid=28856121),D[OI, Ajetunmobi](https://www.ncbi.nlm.nih.gov/pubmed/?term=Ajetunmobi%20O%5BAuthor%5D&cauthor=true&cauthor_uid=28856121),D[Eche John, Godwins](https://www.ncbi.nlm.nih.gov/pubmed/?term=Godwins%20EJ%5BAuthor%5D&cauthor=true&cauthor_uid=28856121),D[C, Ekere](https://www.ncbi.nlm.nih.gov/pubmed/?term=Ekere%20C%5BAuthor%5D&cauthor=true&cauthor_uid=28856121),A[A, Sendeht](https://www.ncbi.nlm.nih.gov/pubmed/?term=Sendeht%20A%5BAuthor%5D&cauthor=true&cauthor_uid=28856121),A[J, Bitrus](https://www.ncbi.nlm.nih.gov/pubmed/?term=Bitrus%20J%5BAuthor%5D&cauthor=true&cauthor_uid=28856121),A[EI, Agaba](https://www.ncbi.nlm.nih.gov/pubmed/?term=Agaba%20E%5BAuthor%5D&cauthor=true&cauthor_uid=28856121),E and [AS Sagay](https://www.ncbi.nlm.nih.gov/pubmed/?term=Sagay%20A%5BAuthor%5D&cauthor=true&cauthor_uid=28856121)A . Maternal and neonatal outcome of histological chorioamnionitis. Journal of the West African College of Surgeons, volume 6, number 3, July-September 2016. Pages 1-14
* Amaka N. Ocheke1\*, Ephraim Samuels1, Isaac E. Ocheke2, Patricia A. Agaba3, Clement Ekere1, James Bitrus1, Emmanuel I. Agaba4, Atiene S. Sagay1 . An Audit of Perineal Trauma and Vertical Transmission of HIV, African Journal of Reproductive Health, Vol.21 No.4Dec 2017.
* Chinedu C. Ekwempu, Emmanuel A. Ogbe, Clement Ekere, Adaobi I. Ekwempu, Amaka N. Ocheke. A Review of hysteroscopy in a private hospital in Jos, Nigeria” Highland Medical Research Journal, Vol. 17 Issue 2, July-Dec. 2017.

**Leadership positions:**

* Vice- Chairman, Nigerian Medical Association, Plateau State Chapter, 2018-2020.
* Financial secretary, Nigerian Medical Association, Plateau State Chapter, 2016-2018.
* Chairman entertainment sub-committee, National Executive Council meeting, Nigerian

Medical Association, 2014.

* Chairman Local organizing committee, Ordinary general meeting/Annual general meeting,

Association of resident Doctors, Jos University Teaching Hospital, 2013 and 2014.

* Coordinator, National Youth Service Corps, HIV/AIDS community development service (CDS) group, Ogu, Ogu/Bolo LGA, Rivers State.
* Chairman class of 2007, dinner/award nite, Medicine University of Jos.
* Chairman cultural/variety nite, Jos university medical students’ health week

2004-2006.

* Class representative, 2001-2003, Medicine university of Jos.

**Trainings and workshops:**

* **Facilitator,** Training of Trainers, SHOPS Plus Project, AkwaIbom; May 2019
* Participant, Training of Trainers, SHOPS Plus Project Jos, May 2018
* Advanced Training of Trainers, Abuja, May 2019
* Human Research Ethics (APIN/PEPFAR) Solat Women Hospital,Jos January 2009
* Clinical update workshop (APIN/PEPFAR) Abuja, May 2011
* Health management and ethics, West African College of Surgeons (WACS), Ibadan July,2016
* Manucript writing workshop, WACS, Abuja , March 2017
* Seminars and departmental presentations, several practical training sessions.

**Languages:** Fluent in English and Idoma; beginner to intermediate in French (DELF, A1), beginner to intermediate in Hausa

Loves reading motivational literature, meeting people and making them laugh/smile, Playing/watching football, teaching young people and coupless how to dance (salsa), Teaching/Transferring skill

**REFERENCES**

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